

Townsville Bulletin

Wednesday, April 16, 2009

\$1.20

Freight extra

Visitor shows style of Brazil

CONTRA Mestre Mocego provided a real taste of Brazil to Townsville Capoeira group, during a three-day workshop last week.

Capoeira is a mixture of dance, music, martial arts and acrobatics with a Brazilian style of performance -- and is becoming increasingly popular in Townsville.

The three-day workshop helped children, beginners and advanced Capoeira's to further enhance their skills.

Townsville Capoeira instructor Matthew Eales (Uakari) said they were extremely excited to have CM Mocego in Townsville.

"In the three days we held various workshops covering each part of Capoeira," Eales said.

"It was awesome we had a full house at each workshop with 30 kids and about 40 adults attending."

Guest workshops are a regular occasion for the Townsville group who ensure they have someone new to meet and learn from in Townsville twice a year.

"It's good for students to learn from a different teaching style," Eales said.

Eales said anyone could join



AWESOME ... Capoeira artist Contra Mestre Mocego

Photo: TROY RODGERS

Capoeira. He said not everyone was flexible and through classes you gain flexibility and build skills.

For more information contact Townsville Academy of Capoeira on 4753 0636.

— NATALIE PEUT